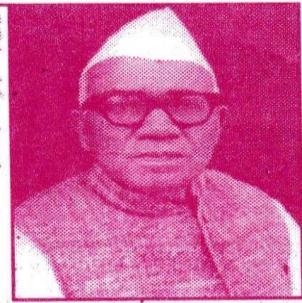


विद्यामर्थं च साधयेत् ।

FOUNDER -
Shreemant Malojirao Naik Nimbalkar
Rajesahab Phaltan.



PHALTAN EDUCATION SOCIETY

COLLEGE OF ENGINEERING, PHALTAN

(Approved by AICTE New Delhi, D.T.E. Mumbai and D-BATU Lonere/MSBTE Mumbai)

Shreemant Shivajiraje Nagar, Kurawali Road, Thakurki, Tal. Phaltan, Dist. Satara Pin 415 523

E-mail : pes.coepprincipal2011@gmail.com / coepprincipal@yahoo.co.in Website : www.coephaltan.edu.in

Hon. Shreemant Sanjivraje Naik Nimbalkar
Secretary, P. E. S.

Prof.Dr. N. G. Narve
Principal

First-Aid and Medical Facilities



Boys Sick Room



Medicine Box

First Aid Box Mechanical Degree



Girls Seek room

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VITHALRAO
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विद्यामर्थ्यं साधयेत् ।

FOUNDER -

Shreemant Malojirao Naik Nimbalkar
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E-mail : coeprincipal@yahoo.in | Website : www.coephaltan.edu.in

Accredited with NAAC 'A' Grade

Hon. Shreemant Sanjivraje Naik Nimbalkar

Secretary, P. E. S.

Prof. Dr. M. V. Dalvi

Principal

Ref. No. : COE- 247-1) 25-26

Date : 11 10 7 | 2025

Office Order

Subject: Appointment of Consulting Doctor

It is hereby notified that **Dr. Jaya Babanrao Shinde** is appointed as the Consulting Doctor for Phaltan Education Society's College of Engineering. This appointment is effective from 14 July 2025.

Dr. Jaya Babanrao Shinde will provide medical consultation and services to the staff and students of our college. Her primary responsibilities will include:

1. Offering medical advice and treatment to students and staff.
2. Conducting regular health check-ups and maintaining medical records.
3. Assisting in emergency medical situations within the college premises.

We believe that Dr. Jaya Babanrao Shinde expertise and experience will greatly benefit the health and well-being of our college community.



mrdalvi

Principal,
Prof. Dr. M. V. Dalvi
Principal

Phaltan Education Society's
College of Engineering Phaltan



Maharashtra Council of Indian Medicine, Mumbai

(Constituted under M.M.P. Act, 1961 Govt. of Maharashtra)

Certificate of Registration

Registration No.: I-33345-A-1

Date : 07/08/1998



This is to certify that **Dr. JAYA BABANRAO SHINDE** has been duly registered under the Maharashtra Medical Practitioners Act, 1961 (Mah. XXVIII of 1961) read with section 17 of the Indian Medicine Central Council Act, 1970 (Act No.48 of 1970) in Part One of the register.

In witness whereof are herewith affixed the seal of the Maharashtra Council of Indian Medicine, Mumbai and the signature of the Registrar.

This certificate shall be valid, subject to the provisions of the Act.

Qualification - **B.A.M.S.**

University - **Shivaji University, Kolhapur**

Year of Passing - **1995**

१२९२
Registrar



विद्यामर्थं च साधयेत् ।



FOUNDER -

Shreemant Malojirao Naik Nimbalkar
Rajesahab Phaltan.



PHALTAN EDUCATION SOCIETY

PHALTAN (Pin 415523) Dist. Satara
Public Trust Reg. No. N.S.F. 19/Society Reg. No. 2631

Off. 220539
Resi. 226539

Ref. No. 430-125-26

Date: 12 | 7 | 2025

To,

Mr. Ankush Khobragade
Assistant Professor, Dept. of Philosophy
Mudhoji College, Phaltan

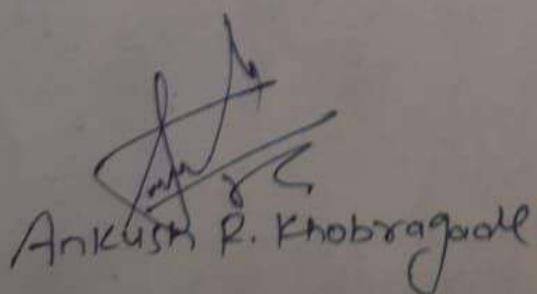
Subject: Appointment as Psychologist

Sir,

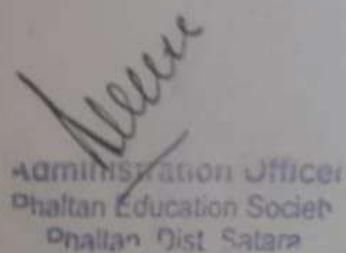
The Management of Phaltan Education Society, Phaltan is pleased to appoint you as Psychologist for all Schools and Colleges under Phaltan Education Society, in addition to your present duties as Assistant Professor, considering your qualification of M.A. (Clinical Psychology).

This appointment shall be effective from 14th July 2025 and will remain in force until further orders. You are expected to provide psychological counseling and guidance to students and staff as and when required, as per the rules of the Society.

Thanking you.



Ankush R. Khobragade



Administration Officer
Phaltan Education Society
Phaltan Dist. Satara

Phaltan Education Society's
COLLEGE OF ENGINEERING

(Approved by AICTE, Delhi /Approved by Govt of Maharashtra DTE)

Email: cooprincipal@yahoo.in Web : www.coephaltan.edu.in

Sr.No. 31 Thakurki, Tal. Phaltan, Dist. Satara

Health Care Cell

Individual Counselling Sessions – Report

A.Y. 2025-26

Counsellor:

Mr. Ankush Khobragade

Counselling Psychologist

Assistant Professor, Mudhoji College, Phaltan.

Convenor:

Mr. Akshay Kate

Secretary of Health Care Cell

Assistant Professor, Department of Mechanical Engineering

Report on 1st Counselling session

Organised by

Health Care Cell

Date— 17.09.2025

Venue— Health Care Cell.

Time— 2 p.m. - 4 p.m.

No. of students participated in the session—7

Name of the students who were counselled:

1. Jagdale Piyush
2. Dhekale Aarti Phattesinh
3. Zaware Saikumar Nandkumar
4. Gole Shambhuraje Nagesh
5. Chavan Girdhar Ramchandra
6. Gujar Radha Rajesh
7. Dhapte Sarang Santosh

About the Counselling Session:

The counselling session was conducted after receiving the names of candidates who were willing or required counselling. Students were shortlisted based on a need-based and risk assessment.

The objectives of the counselling sessions were:

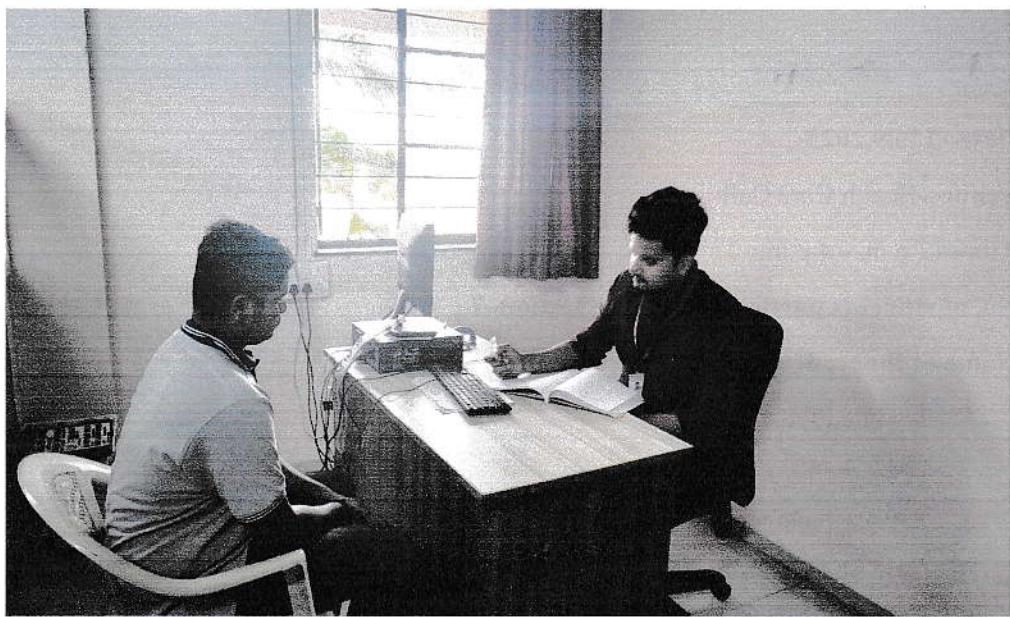
- To understand the problems affecting the students.
- To promote and enhance positive mental health among students.
- To assist students in developing effective plans to overcome their difficulties.
- To motivate students toward successful efforts in achieving their life goals and overall well-being.

Summary of Outcomes

The participating students were observed to experience anxiety in their daily lives, mainly related to education and concerns about their future. Low confidence levels were common among most students; while overthinking and indecisiveness were identified as major causes of stress.

Our Counselling Psychologist, Mr. Ankush Khobragade, provided guidance on improving self-confidence, managing stress, and addressing educational and family-related challenges. He also suggested suitable therapeutic exercises and yoga therapy based on individual needs, which will help students maintain their physical and mental well-being and effectively overcome their difficulties.

Photograph of the Session



Mr. Akshay Kate

Secretary of Health Care Cell



Mr. Ankush Khobragade

Counselling Psychologist

Report on 2nd Counselling session

Organised by

Health Care Cell

Date— 10.08.2025

Venue— Health Care Cell.

Time— 2 p.m. - 4 p.m.

No. of students participated in the session— 6

Name of the students who participated in the seminar:

1. Gaikwad Shreya Satish
2. Thombare Aryan Sunil
3. Nimbalkar Shravani Anil
4. Mane Nikhil Ramesh
5. Garud Raj Rahul
6. Shelar Yash Mohan

About the Counselling Session:

The counselling session was conducted after receiving the names of candidates who were willing or required counselling. Students were shortlisted based on a need-based and risk assessment.

The objectives of the counselling sessions were:

- To understand the problems affecting the students.
- To promote and enhance positive mental health among students.
- To assist students in developing effective plans to overcome their difficulties.
- To motivate students toward successful efforts in achieving their life goals and overall well-being.

Summary of Outcomes

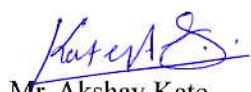
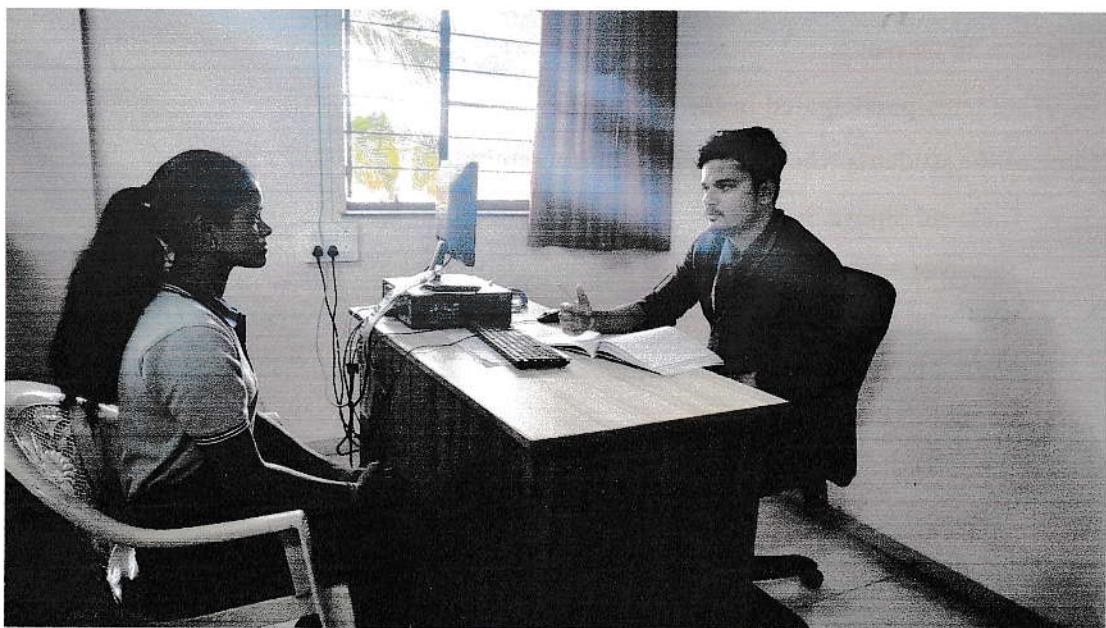
The students who participated in this session mainly faced problems such as poor concentration, low self-esteem, performance anxiety, and personal and social relationship issues. Some students also had health problems like sleep disturbances (insomnia), and stammering.

A few students have financial difficulties along with high aspirations. Failure to achieve their desired goals often leads to anger and emotional outbursts. Feelings of sadness, stress, and performance anxiety are very common among the participants.

The counsellor, Mr. Ankush Khobragade, motivated the students and helped them understand how to solve their own problems by giving examples. He also suggested different

ways to improve their mental strength, which may help them handle their problems better. Some students need follow-up sessions to monitor their mental well-being.

Photograph of the Session



Mr. Akshay Kate

Secretary of Health Care Cell



Mr. Ankush Khobragade

Counselling Psychologist

Report on 3rd Counselling session

Organised by

Health Care Cell

Date— 11.09.2025

Venue— Health Care Cell.

Time— 2 p.m. - 4 p.m.

No. of students participated in the session—7

Name of the students who participated in the seminar:

1. Madane Avinash Dnyandeo
2. Shinde Sarthak Prashant
3. Shinde Omkar Kashinath
4. Mohite Siddhi Vijay
5. Jadhav Sujal Vijayrao
6. Kharat Aryan Anand
7. Sargar Rohit Pravin

About the Counselling Session:

The counselling session was conducted after receiving the names of candidates who were willing or required counselling. Students were shortlisted based on a need-based and risk assessment.

The objectives of the counselling sessions were:

- To understand the problems affecting the students.
- To promote and enhance positive mental health among students.
- To assist students in developing effective plans to overcome their difficulties.
- To motivate students toward successful efforts in achieving their life goals and overall well-being.

Summary of Outcomes

The participant students in this session faced various family-related problems, including emotional and verbal difficulties within the family. Some students showed low confidence and low self-esteem, which resulted in anxiety, frustration, and emotional distress. Family-related issues also contributed to a lack of self-confidence among the students.

Mr. Ankush Khobragade, *Counselling Psychologist*, guided the students by suggesting practical ways to improve their confidence and manage emotional challenges. She also recommended simple exercises and techniques to strengthen their mental well-being. A few students require follow-up sessions for continued support and monitoring.

The students openly shared their problems with the counsellor. Some students need more than one follow-up session. The students felt relieved and happy after discussing their concerns with the counsellor.

Photograph of the Session



Mr. Akshay Kate

Secretary of Health Care Cell



Mr. Ankush Khobragade

Counselling Psychologist

Report on 4th Counselling session

Organized by

Health Care Cell

Date – 15.10.2025

Venue – Health Care Cell.

Time – 2 p.m. - 4 p.m.

No. of students participated in the session – 6

Name of the students who participated in counselling:

1. Bhagat Abhijit Ganesh
2. Narute Kirti Balaso
3. Madhuri Ambadas Kulkarni
4. Pawar Sonam Anil
5. Chavan Sai Nagesh
6. Doiphode Janhvi Sunil

About the Counselling Session:

The counselling session was conducted after receiving the names of candidates who were willing or required counselling. Students were shortlisted based on a need-based and risk assessment.

The objectives of the counselling sessions were:

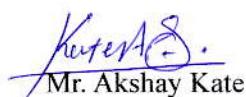
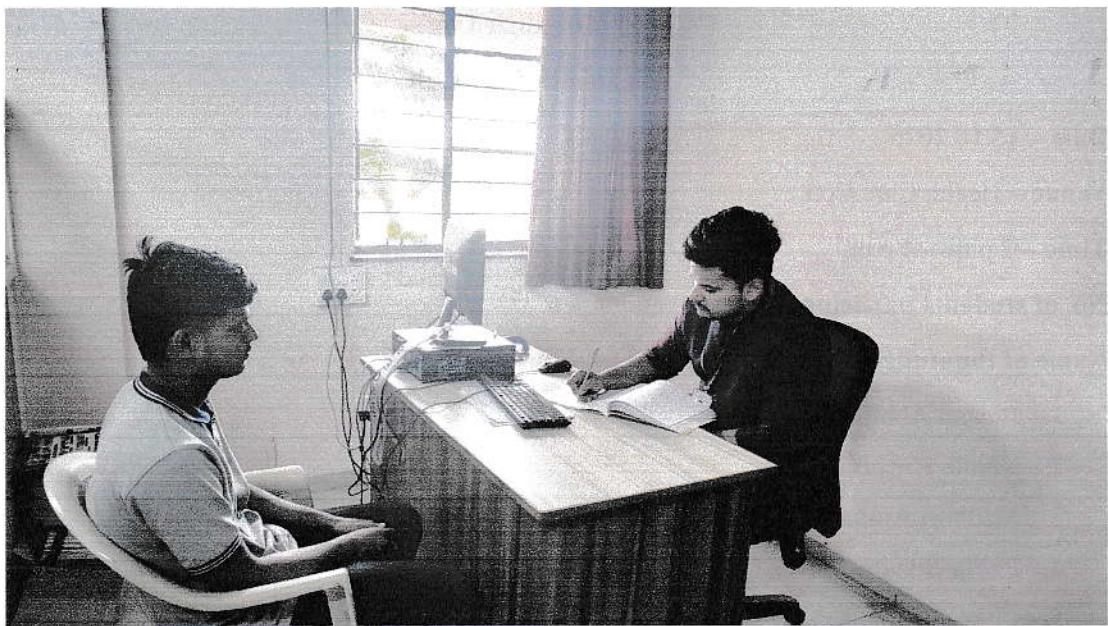
- To understand the problems affecting the students.
- To promote and enhance positive mental health among students.
- To assist students in developing effective plans to overcome their difficulties.
- To motivate students toward successful efforts in achieving their life goals and overall well-being.

Summary of Outcomes

One of the students reported financial difficulties at home, which were causing emotional stress and affecting concentration in academic activities. The situation created feelings of insecurity and anxiety, impacting the student's ability to focus and make decisions effectively. In addition, the participants experienced some basic stress related to college examinations.

The counsellor guided the student on managing financial and academic stress through simple relaxation techniques, effective time management, and a structured study schedule. The students were advised to break their syllabus into manageable sections and practise regular revision to reduce examination-related stress. A follow-up session was suggested for further monitoring and guidance.

Photograph of the Session



Mr. Akshay Kate
Secretary of Health Care Cell



Mr. Ankush Khobragade
Counselling Psychologist

Report on 5th Counselling session

Organized by

Health Care Cell

Date – 19.11.2025

Venue – Health Care Cell.

Time – 2 p.m. - 4 p.m.

No. of students participated in the session – 6

Name of the students who participated in counselling:

1. Ruturaj Mahendra Dhavale
2. Kubal Rohit Mahesh
3. Nale Pratiksha Sandeep
4. More Romind Mukund
5. Hurde Karan Ramrao
6. Shinde Shreyash Nagesh

About the Counselling Session:

The counselling session was conducted after receiving the names of candidates who were willing or required counselling. Students were shortlisted based on a need-based and risk assessment.

The objectives of the counselling sessions were:

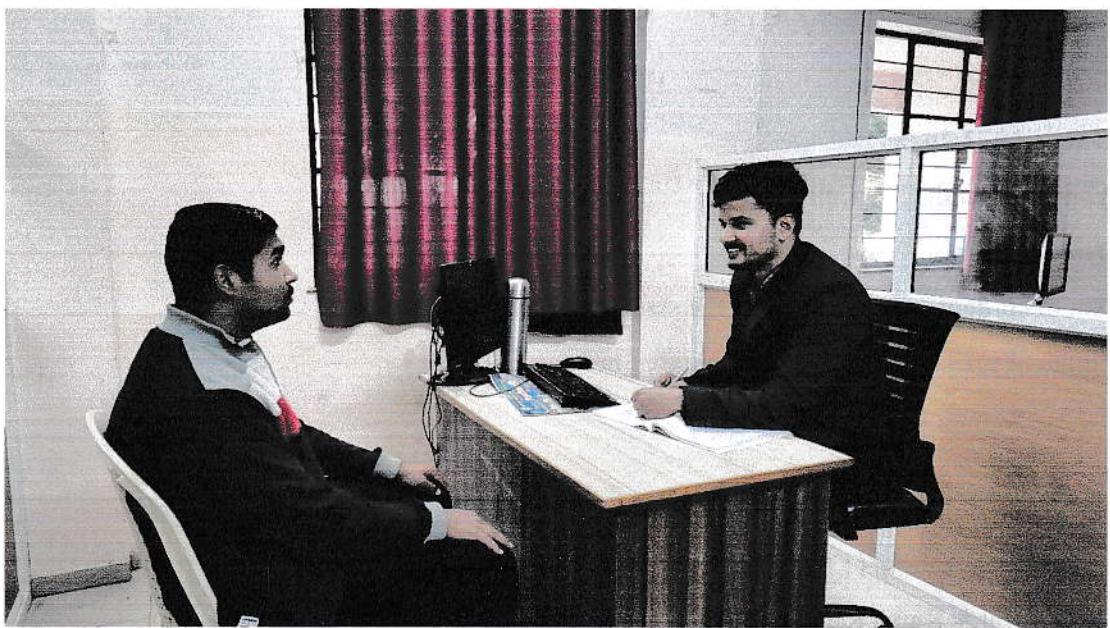
- To understand the problems affecting the students.
- To promote and enhance positive mental health among students.
- To assist students in developing effective plans to overcome their difficulties.
- To motivate students toward successful efforts in achieving their life goals and overall well-being.

Summary of Outcomes

The participants reported stress and concern related to upcoming practical examinations. One of the students also reported excessive mobile phone usage, which was affecting day-to-day activities, concentration in studies, and decision-making ability. The student experienced restlessness and difficulty focusing when away from the mobile phone, leading to reduced academic productivity and emotional discomfort.

The counsellor discussed examination-related stress management strategies with the participants and guided the student to gradually limit screen time through structured daily routines and scheduled phone-free periods. The participants were advised to practise regularly for practical examinations, manage time effectively, and maintain a balanced daily schedule. A follow-up session was recommended to monitor progress and reinforce healthy habits.

Photograph of the Session



Mr. Akshay Kate

Secretary of Health Care Cell



Mr. Ankush Khobragade

Counselling Psychologist

Report on 6th Counselling session

Organized by

Health Care Cell

Date – 12.01.2026

Venue – Health Care Cell.

Time – 2 p.m. - 4 p.m.

No. of students participated in the session – 6

Name of the students who participated in counselling:

1. Pawar Vinod Sanjay
2. Gawade Nilesh Vijay
3. Bankar Mayur Popat
4. Bhandarkar Tejashri Suresh
5. Shinde Shravani Kiran
6. Mohotkar Sanyami Vishal

About the Counselling Session:

The counselling session was conducted after receiving the names of candidates who were willing or required counselling. Students were shortlisted based on a need-based and risk assessment.

The objectives of the counselling sessions were:

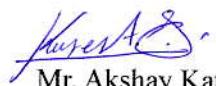
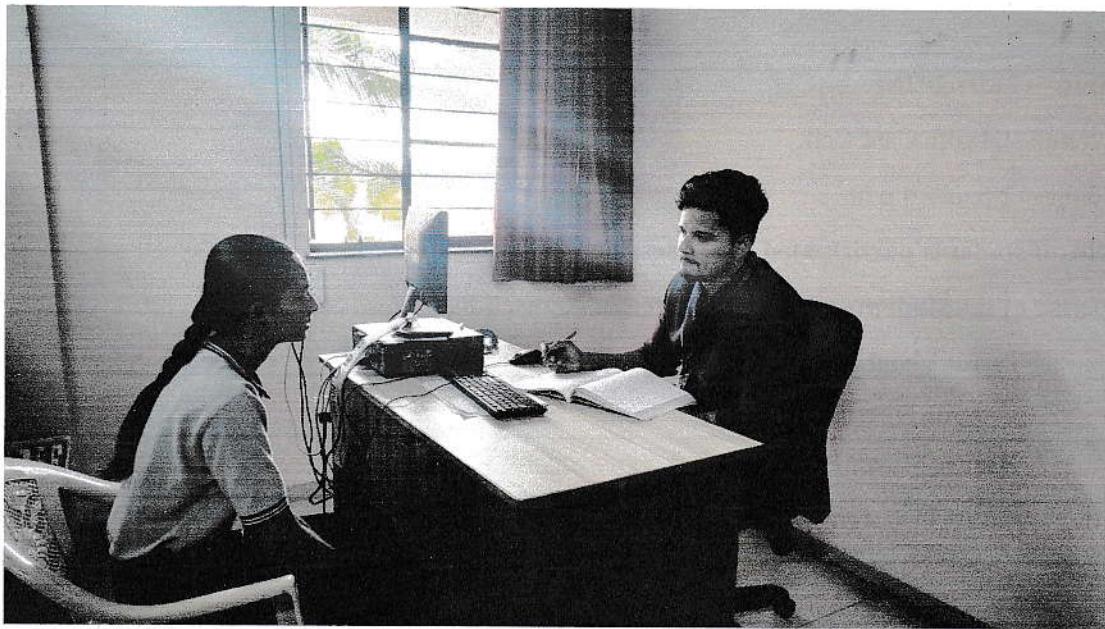
- To understand the problems affecting the students.
- To promote and enhance positive mental health among students.
- To assist students in developing effective plans to overcome their difficulties.
- To motivate students toward successful efforts in achieving their life goals and overall well-being.

Summary of Outcomes

The participants had failed in two or more subjects in a single semester, which resulted in academic stress and reduced confidence. The academic difficulties affected their motivation levels and raised concerns about future academic progress.

The counsellor addressed these academic concerns by guiding the participants on effective study strategies, time management, and realistic goal setting. They were encouraged to follow a structured study plan, seek academic support from faculty members, and maintain regular revision. Counselling support was provided to motivate the participants and improve confidence. Follow-up sessions were suggested to monitor progress and provide continued guidance.

Photograph of the Session



Mr. Akshay Kate

Secretary of Health Care Cell



Mr. Ankush Khobragade

Counselling Psychologist

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Memorandum of Understanding (MOU)

For



Training of

College of Engineering, Phaltan

From

BRAHMI CLINIC

Kolki, Phaltan

This Memorandum of Understanding, dated the 23rd August 2024, **College Of Engineering Phaltan, Dist.Satara, Maharashtra.** Represented by Mr. **Prof. Dr. N.G.Narve, Principal, College of Engineering Phaltan,** and **Brahmi Clinic** Represented by Mrs. **Dr.Sonali Gundage.**

COLLEGE OF ENGINEERING PHALTAN – BRAHMI CLINIC COLLOBORATION OBJECTIVE :

The purpose of this MoU is to outline the collaboration between the College of Engineering, Phaltan and the Brahmi Clinic to provide medical care, health services, and wellness programs to students, faculty, and staff of the College. This MoU aims to ensure the well-being of the College community by making accessible health services and promoting healthy living practices.

1. To provide medical consultations, preventive health care.
2. To organize health awareness programs, workshops, and seminars on health-related topics.
3. To offer mental health support services to the College community.
4. To conduct regular health check-ups, including physical and mental assessments.
5. To promote a safe and healthy campus environment.

The Memorandum of Understanding states the terms and conditions under which the **Guest Lectures, First Aid Trainings, Awareness program for Womens Health** shall be conducted by **Brahmi Clinic** at the **College of Engineering Phaltan**, and lists herein the respective responsibilities of both parties.

PREAMBLE:

For a student to be aware about good health, he/she is expected to have the following:

1. Provide qualified medical professionals for consultations and treatment.
2. Provide periodic health checks and assessments, including mental health counseling.
3. Organize health awareness and educational programs.
4. Ensure confidentiality of all medical records and personal information of College community members.

A Memorandum of Understanding (MoU) between an Engineering College and a Clinic can formalize a collaboration to provide medical services, health awareness, or wellness programs for students, faculty, and staff.

SCOPE OF COLLOBORATION :

Both parties to this MOU agree that the broad scope of responsibility will be as stated below:

BRAHMI CLINIC SHALL PROVIDE

- Provide qualified medical professionals for consultations and treatment.
- Provide periodic health checks and assessments, including mental health counseling.
- Organize health awareness and educational programs.
- Ensure confidentiality of all medical records and personal information of College community members.

COLLEGE OF ENGINEERING, PHALTAN SHALL PROVIDE:

1. Provide necessary facilities for medical services, such as a designated space within the campus for medical consultations.
2. Facilitate awareness programs, ensuring maximum participation from students and staff.
3. Promote the health and wellness services provided by the Clinic through internal communications.
4. Ensure students and staff are informed of the available medical services.

PARTICIPANTS

All students of the core engineering branches of Civil, Mechanical, Computer & Electronics and Telecommunication engineering and First year, Faculties.

VALIDITY

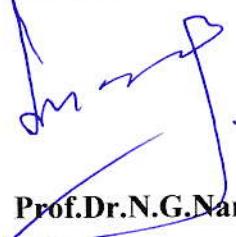
This Memorandum of Understanding will be valid for a period of 5 years.

This Memorandum of Understanding shall come into effect from 23rd August 2024.

ON BEHALF OF

College Of Engineering,

Phaltan



**Prof. Dr. N.G. Narve ,
Principle**

College of Engineering Phaltan,

ON BEHALF OF

Brahmi Clinic

Kolki, Phaltan



Dr. Sonali V. Gundage

M.D.Ayurveda

Mrs. Dr. Sonali Gundage,

Owner

Brahmi Clinic



Phaltan Education Society's
College of engineering
Academic Year 2023 -24
Internal Complaint Committee

Date: - 19/03/2024

To,
The principal,
PESCOE, Phaltan.

Subject: Report on celebration of the occasion of International Women's Day-2024.

Haemoglobin Check-up Camp

Program Details:

Venue: PES's College of Engineering, Phaltan (Seminar Hall)

Day and Date: Thursday 07.03.2024

Time: 11:00 am to 02:00pm

Guest: Lions Club Phaltan

No. of Present Students: 62

No. of Faculty : 14

Objectives:

1. To determine the amount of haemoglobin Level of all Girls students.
2. To aware the students about their deficiencies and empower to take the necessary treatment.
3. To eradicate anaemia, a common condition in females.
4. To create awareness about anaemia in girl students for their health betterment.

It is commonly seen that the most of the girl students due to over conscious towards diet maintenance neglects the healthy foods in their diet. So, one of the major setbacks is that the haemoglobin content in these girls is most of time less and which can often lead to anaemia. After puberty, girls are at more risk of iron deficiency anaemia than guys are. So, to prevent anaemia condition it is necessity to know the haemoglobin content in girls. So, we aimed to check Hb of girls in college and if necessary, provide medical assistance to increase Hb content.

Haemoglobin (Hb) checking camp was conducted on 7th March 2024 in the institute. Haemoglobin is involved in the transport of other gases in the human body. Haemoglobin (Hb or Hgb) is the protein in your red blood cells that carries oxygen. A low haemoglobin count is a below-average concentration of the oxygen-carrying haemoglobin protein in your blood. A low haemoglobin count is generally defined as less than 13.5 grams of haemoglobin per decilitre (135 grams per litre) of blood for men and less than 12 grams per decilitre (120 grams per litre) for women. In children, the definition varies with age and sex. The threshold differs slightly between medical practices.



A low haemoglobin count is a commonly seen blood test result. In many cases, a low haemoglobin count is only slightly lower than normal, isn't considered significant and causes no symptoms. A low haemoglobin count can also be caused by an abnormality or disease. In these situations, a low haemoglobin count is referred to as anaemia. Symptoms of anaemia include generalized body aches and pain, chest pain, bone pain, shortness of breath, ulceration of skin, fatigue, strokes, blindness, and delayed growth and puberty. The villagers are not aware of this illness and do not pay attention to their haemoglobin levels. And most of the girl students in college are from nearby villages of Phaltan. This is the reason for which Institute conducts haemoglobin check-up camps every year. Total 62 girls and 14 staff were tested blood. 03 students have blood count less than 8 gm/dl, 15 students have blood count between 8 gm/dl to 10 gm/dl, 27 students have blood count between 10 gm/dl to 12 gm/dl, 16 students have blood count above 12 gm/dl.

Photos of Camp:



Photo 1: Contribution of Lions Club is shared by Mrs. D. S. Bhavne, Presiding Officer, K3



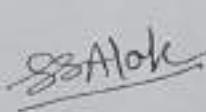
Photo 2: Glimpse and Glance of HB Checking Camp (Faculty Participation)



Photo 3: Glimpse and Glance of HB Checking Camp (Girls Students Participation)

Conclusion:

- Some of were identified with low Hb content. They are informed to call upon their parent. The staff member and parent discuss the issue and attention is given to increase Hb content of these students. Thus, it is the one of the try from our college to keep anaemia away from girl students. Some students have blood count less than 12 gm/dl i.e. normal range for women and got aware about their deficiencies.


Report Submitted by
Ms. Sayali Alate


Presiding Officer ICC
Mrs. D. S. Bhoite


Principal
Prof. Dr. N. G. Narve